

Sufficiency in the Producers and Consumers loop

Deepening the concept of Product Lifespan Extension within the framework of the Circular Economy

"Well-being In a Dematerialized Economy (WIDE)"

PRIN project of the Italian Ministry of University and Research Funded by EU-Next Generation-EU

PRIN PNRR M 4 C 2 1 1 – Codice del progetto: P2022S83EA – CUP I53D23006770001

FONDECYT N°11231109 – CITEC CODE















1. Sufficiency – A Complex Concept



Sufficiency

- Can we achieve a good life with less?
- Why ask this question? Because the current economic configurations relies on a huge amount of **energy** and **material** use.
- What constitutes a good life? (an intersection of multiple attributes, often combined in unexpected ways -Complexity).
- We know very little about how to transform the economic system toward sufficiency





Ecological Economics in Tuscany

Objective:

To explore how sufficiency manifests among producers and consumers, which conditions are necessary and/or sufficient, and what configurations emerge in the process.

Theoretical Approach:

Behavioral Economics & Complexity Theory.

Assumptions:

A complex phenomenon is typically characterized by:

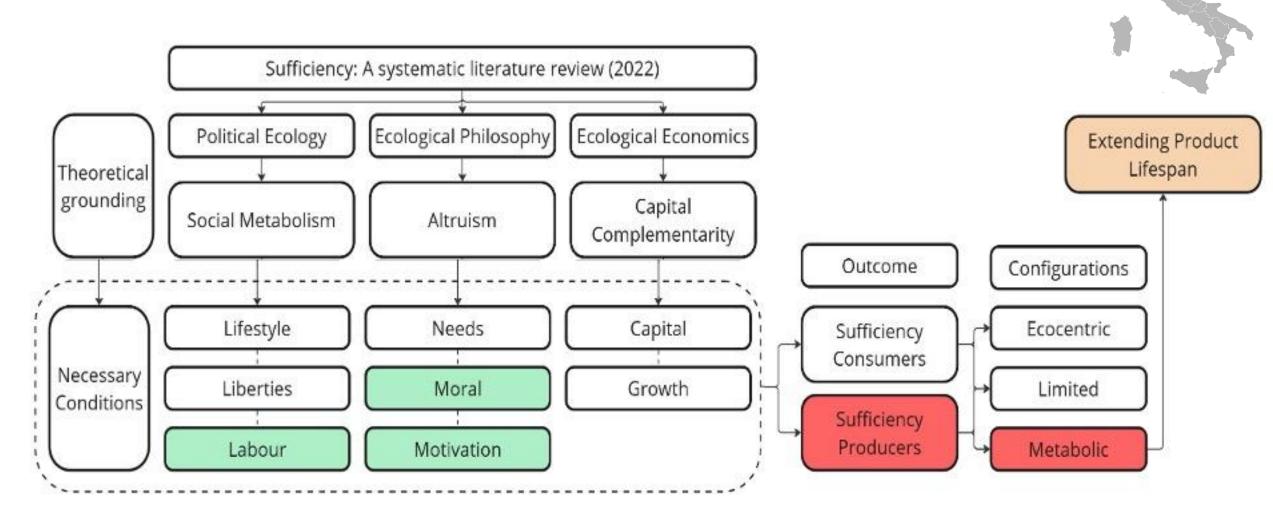
- 1) Configurations of multiple explanatory factors rather than single variables generating outcomes (**conjunction**).
- 2) And the possibility that different configurations can lead to the same outcome (equifinality).

Method & Data

Configurational Approaches / Set-Theoretical Methods. Environmental Perceptions and Climate Change Survey, Chile (2018).



Logical structure & Results





Ecological Economics



2. Reducing Material Scale

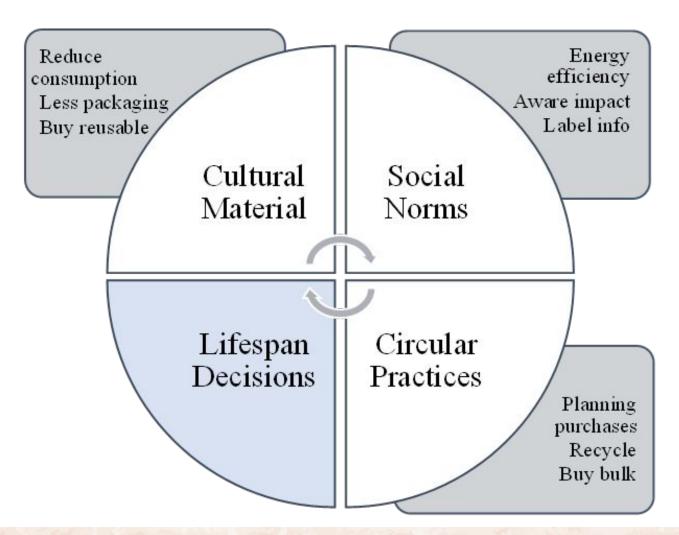


Dematerialized Economy

- Ecological Economics in Tuscany
- Extending product lifespan is a key sufficiency-driven strategy to reduce material scale.
- It offers high leverage within **circular economy** frameworks but poses challenges in production systems.
- A **complexity** perspective is needed to understand lifespan extension dynamics.
- Multiple attributes and practices shape extension strategies—there is no single pathway.



Conditions & Energy Culture Framework







Preliminary results:

- Ecological Economics in Tuscany
- Reusable products and energy efficiency appear frequently but are not strictly necessary conditions.
- Multiple sufficient configurations lead to product lifespan extension across income groups.
- Lower-income groups focus on **functional sufficiency**; higher-income groups engage in **planned** but less lifespan-oriented practices.
- Reducing packaging and bulk buying are recurrent and correlated practices in lower and middle incomes.



Final reflections:



Sufficiency—is inherently complex, not only in practice but epistemologically:

We lack concrete imaginaries of a world with less, and our narratives of sufficiency are riddled with contradictions—rarely detaching from the growth paradigm.

In seeking 'good life' case studies, qualitative sufficiency often fetishizes the Global South:

Yet the meaning of a good life in these contexts differs profoundly, shaped by structural constraints, not voluntary simplicity.





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